

Equipment & Clothing: [Helicamp](#)



Use the check list to ensure you bring along the gear specific to your trip. Try to let us know what you need to rent as soon as possible **before** you arrive. Get in touch if you have any questions.

1. Equipment provided free of charge	Bring ✓	Borrow ✓
Avalanche Transceiver		
Snow Shovel & Avalanche Probe		

Use our gear free of charge, or bring your own

Calculate your approx. rental cost below..

2. Equipment and Clothing for rent	Bring ✓	Rent ✓	Cost/day	x # days	Total
Ski Touring Boots			25		
Sleeping Bag - 4 season			15		
Bivouac Bag			7		
Backpack approx 55 litre capacity			7		
Storm Jacket			10		
Overtrousers or waterproof ski/snowboard pants			10		
Insulating Jacket			10		
Skis, with AT bindings Skins, Poles			35		
Snowshoes and poles (for snowboarders)			10		
Total estimated rental cost					

Camping utensils, stoves, fuel etc. are supplied.

Snowboards are not available to rent at Mount Cook. Please arrange this independently.

[See the "Pre-trip Info" section of our website for info about seasonal weather variations, and how to select your clothing.](#)

3. Required Personal Equipment (not available to rent)

- Headlamp
- Sunglasses - good quality wrap-around
- Ski Goggles
- Water Bottles 2 x one litre widemouth (Nalgene)
- Waterproof pack liner
- First Aid Kit - basic kit, incl blister tape
- Toiletries, including toothbrush sun screen and lip cream
- Leatherman or Swiss tool
- Sleeping pad or thermarest (4-season)

4. Required Personal Clothing (not available to rent)

- Underwear (2 sets)
- Socks (2 pairs)
- Thermal underwear - mid weight or heavier: 2 tops, one x pants
- Mid weight fleece top / soft-shell jacket
- Down/insulated jacket
- Warm hat / balaclava
- Ski bibs/trousers or Soft-shell trousers. Bring gaiters if your trousers do not have snow-cuffs
- Waterproof warm gloves (1 pair) + Light-weight (polypro) gloves, one pair
- Sun Protection: baseball cap or legionnaire hat, scarf / neck gaiter (buff) and "glacier shirt"
- Small pack towel (if you like to wash) or just a towel for use at Unwin Lodge

5. Optional Gear (not essential - but recommended)

- Ski/snowboarding helmet (not available to rent)
- Ear plugs - people love snoring in the mountains

[For detailed info on gear and how to select your clothing see the "Gear Guide" on Alpine Guides website.](#)