

EQUIPMENT & CLOTHING

Touring and Winter Mountaineering - Glaciated Terrain



Alpine Guides
MOUNTAINS DEFINE US

Name

Start Date

Your gear will be checked by your guide at the start of your trip.

Our gear lists are designed to cover all possible scenarios. Sometimes, due to weather or mountains conditions, or objectives, you will not need everything on the list. It is best to turn up prepared for anything. Try to let us know what you need to rent before you arrive. Please, get in touch if you have any questions.

1 Equipment provided free of charge , if required

BRING ✓

BORROW ✓

Ice axe	<input type="checkbox"/>	<input type="checkbox"/>
Crampons - compatible with your touring boots	<input type="checkbox"/>	<input type="checkbox"/>
Helmet - ski or climbing	<input type="checkbox"/>	<input type="checkbox"/>
Harness	<input type="checkbox"/>	<input type="checkbox"/>
Belay Device - ATC Guide or Petzl Reverso	<input type="checkbox"/>	<input type="checkbox"/>
Snow stake	<input type="checkbox"/>	<input type="checkbox"/>
Prusiks x 3 (1 long, 2 short), Slings x 2 (1 long, 1 short)	<input type="checkbox"/>	<input type="checkbox"/>
Carabiners: large HMS screw gate x 3, non-locking, straight gate x 5	<input type="checkbox"/>	<input type="checkbox"/>
Avalanche transceiver, snow shovel and probe	<input type="checkbox"/>	<input type="checkbox"/>

You are welcome to bring your own gear. We will always make sure that it is appropriate for purpose.

2 Equipment and clothing for rent

COST/DAY

BRING ✓

RENT ✓

Sleeping Bag - 4-season for winter	\$20	<input type="checkbox"/>	<input type="checkbox"/>
Backpack - 50-55 litres	\$10	<input type="checkbox"/>	<input type="checkbox"/>
Waterproof breathable shell jacket	\$10	<input type="checkbox"/>	<input type="checkbox"/>
Waterproof, breathable overtrousers or ski pants	\$10	<input type="checkbox"/>	<input type="checkbox"/>
Insulating jacket - synthetic, hooded	\$15	<input type="checkbox"/>	<input type="checkbox"/>

Please advise what you need to rent from list # 2. This equipment is limited in supply.

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Use the check list to ensure you bring along the gear specific to your trip.

Try to let us know what you need to rent as soon as possible before you arrive. Get in touch if you have any questions.

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3 Required personal equipment (not available to rent)

- **Touring skis, skins, poles, boots and ski crampons** (or snowboard rig)
- **Headlamp***, plus spare batteries
- **Ski Goggles and Sunglasses*** good quality wrap-around with dark lenses (Cat. 3 or 4)
- **Water Bottles*** 2 x 1 litre wide-mouth
- **Waterproof pack liner*** or 2-3 x 3L dry bags
- **Emergency survival bag*** or bivouac bag
- **First aid kit** - basic kit incl blister tape
- **Toiletries**, including toothbrush, toothpaste, sun screen, SPF rated lip balm, personal medication
- **Small pack towel** or just a normal towel for use at Unwin Lodge/backpackers

4 Required personal clothing (not available to rent)

- **Underwear** (2 sets for more than 4 days)
- **Socks *** - (3 pairs)
- **Thermal underwear *** - 2 x tops, 1 x pants
- **Long-sleeved light coloured "Glacier Shirt"**- for summer
- **Mid weight fleece jersey*** or soft shell jacket
- **Insulating jacket *** - down, synthetic, or fleece (we rent synthetic jackets)
- **Warm beanie ***
- **Ski bibs/trousers** or softshell trousers
- **Waterproof warm gloves *** - 1 x pair - leather gloves are good for rope work
- **Liner gloves *** - 1 x pair
- **Sun Protection *** - baseball cap or legionnaire hat, plus neck gaiter (Buff)

5 Optional gear

- **Day Pack** - approx 20 L useful when not in the mountains
- **Hut footwear** - lightweight running shoes or sandals
- **Ear plugs** - people love snoring in the mountains!

* Sold in our store

For detailed information on gear and clothing, see the "Gear Guide" on Alpine Guides website.

Please save any changes to this form and email to: mtcook@alpineguides.co.nz