

# EQUIPMENT & CLOTHING

## GUIDELESS BUTTRESS ALPINE ROCK



Name

Starting day

Your gear will be checked by your guide at the start of your trip.

Use the check list to ensure you bring along the gear specific to your trip. Try to let us know what you need to rent as soon as possible before you arrive. Get in touch if you have any questions.

### 1 Equipment provided free of charge

BRING ✓

BORROW ✓

Ice Axe (if needed)	<input type="checkbox"/>	<input type="checkbox"/>
Crampons (if needed)	<input type="checkbox"/>	<input type="checkbox"/>
Helmet	<input type="checkbox"/>	<input type="checkbox"/>
Harness	<input type="checkbox"/>	<input type="checkbox"/>
Belay Device	<input type="checkbox"/>	<input type="checkbox"/>
Prusiks, karabiners and other protection	<input type="checkbox"/>	<input type="checkbox"/>
Rock Shoes	<input type="checkbox"/>	<input type="checkbox"/>

Use our free of charge gear, or bring your own

### 2 Required Equipment and Clothing (available for rent)

COST/DAY

BRING ✓

RENT ✓

Mountaineering Boots (Approach shoes ok late season)	\$10	<input type="checkbox"/>	<input type="checkbox"/>
Sleeping Bag (for your accommodation)	\$15	<input type="checkbox"/>	<input type="checkbox"/>
Backpack, 40 Litre Day Pack	\$7	<input type="checkbox"/>	<input type="checkbox"/>
Hiking Pole	\$5	<input type="checkbox"/>	<input type="checkbox"/>
Waterproof Breathable (Hard Shell) Rain Jacket	\$10	<input type="checkbox"/>	<input type="checkbox"/>

For the Guideless Route, we charge a 1-day rental



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Use the check list to ensure you bring along the gear specific to your trip.

Please let us know if you require any gear from sections 1 & 2 before you arrive. Get in touch if you have any questions.

+64 3 435 1834 or [mtcook@alpineguides.co.nz](mailto:mtcook@alpineguides.co.nz)

### 3 Required Personal Equipment (not available to rent)

- Small Pack Towel (or just a towel for use at accommodation)
- Sunglasses - good quality (wrap-around preferred)
- Water Bottle/s - minimum 1 litre

### 4 Required Personal Clothing (not available to rent)

- Thermal Baselayer
- Light-weight (Polypro) Gloves x1 pair
- Mid-weight Fleece/Merino Layer
- Insulating Jacket (Down or Synthetic, Light-weight)
- Beanie
- Climbing Trousers: Soft-Shell are ideal - Light weight trekking pants (worn over thermal) are ok - must be quick drying.
- Sun Protection: Baseball Cap or Legionnaire Hat, Scarf/Neck Gaiter (Buff)
- Light-weight (Polypro) Gloves x1 pair

CLICK HERE [For detailed info on gear and how to select your clothing see the "Gear Guide" on Alpine Guides website.](#)

Please save any changes to this form and email to: [mtcook@alpineguides.co.nz](mailto:mtcook@alpineguides.co.nz)

